

WHAT ADVICE WOULD YOU GIVE ABOUT HOW TO MANAGE SOCIAL MEDIA?

ANSWERS FROM TEENS &
YOUNG ADULTS IN WI

DON'T SHARE PERSONAL
INFO ONLINE

DON'T
CLICK
ON ADS

DON'T GET TOO
ATTACHED AND
FORGET TO BUILD
YOUR PHYSICAL LIFE

BE
RESPONSIBLE

REMEMBER THAT NOT
EVERYTHING YOU SEE IS REAL

THE PERSON YOU ARE ON THE
INTERNET SHOULD BE SOMEONE
YOU ARE PROUD OF IN REAL LIFE

NEVER TALK TO A STRANGER

DON'T LISTEN TO
WHAT ANYONE
SAYS ABOUT YOU

THINK ABOUT HOW IT
IS AFFECTING YOU

SOCIAL MEDIA IS REALLY
ADDICTIVE

FOCUS ON MAKING THINGS POSITIVE
AND HELPFUL TO YOU, FILTER OUT THE
NEGATIVE AND TOXIC THINGS

I WISH I NEVER
USED IT