





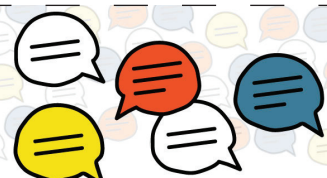
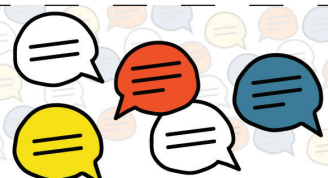
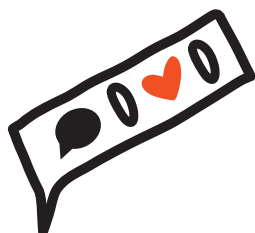


Talking to Kids About Social Media: Conversation Starters



 <p>Who do you follow on social media? What interests you about their posts?</p> <p>ON OUR SLEEVES® The Movement for Children's Mental Health</p>	 <p>What do you like about maintaining friendships online?</p> <p>ON OUR SLEEVES® The Movement for Children's Mental Health</p>	 <p>How do you feel when people like your post? When they don't?</p> <p>ON OUR SLEEVES® The Movement for Children's Mental Health</p>
 <p>What kind of things do you see on social media that are weird or uncomfortable?</p> <p>ON OUR SLEEVES® The Movement for Children's Mental Health</p>	 <p>What don't you like about social media?</p> <p>ON OUR SLEEVES® The Movement for Children's Mental Health</p>	 <p>How do you decide who to follow on social media?</p> <p>ON OUR SLEEVES® The Movement for Children's Mental Health</p>
 <p>What things aren't you doing because you're spending time on social media?</p> <p>ON OUR SLEEVES® The Movement for Children's Mental Health</p>		 <p>How do you feel after spending time on social media?</p> <p>ON OUR SLEEVES® The Movement for Children's Mental Health</p>



FOLLOW US and **SIGN UP** for our **FREE** mental health resources emails to help you start conversations, break stigmas and boost mental wellness in children at OnOurSleeves.org/Sign-Up.