Children's Mental Health Network – November 6, 2026 Meeting Resources

Children's Mental Health Prevention

National Alliance on Mental Illness (NAMI)

- **NAMI Wisconsin Resource Guide**: https://namiwisconsin.org/resources/resource-guide/ Helps people living with a mental illness and those supporting them navigate the mental health system.
- **Resource Page**: https://namiwisconsin.org/resources/
- **Let's Talk about Mental Illness online video with worksheets for elementary age students**: https://namiwisconsin.org/resources/lets-talk-about-mental-illness/
- **Advocacy link**: https://namiwisconsin.org/get-involved/advocate/

Mental Health America (MHA) Lakeshore

- **MHA Lakeshore Resource Page**: https://mhalakeshore.org/find-help/ Therapist Directory and resources
- **Resilient Schools**: https://mhalakeshore.org/services/schools/

Mental Health America (MHA) Wisconsin

- **Online Screening Tool**: Mental Health America of Wisconsin - Mental Health Screenings
- **Fact Sheets**: Mental Health America of Wisconsin - Fact Sheets
- **Alternatives to Suicide Online Support Groups**: Mental Health America of Wisconsin - Alternatives to Suicide
- **Survivors Helping Survivors Online Support Groups**: Mental Health America of Wisconsin - Survivors Helping Survivors

WEA Member Benefits Foundation

- **School-Based Mental Health Initiative**: https://weafoundation.org/school-based-mental-health-initiative/

Policy as Prevention

- 211 Wisconsin SDOH dashboard
- The antipoverty effects of the expanded Child Tax Credit across states: Where were the historic reductions felt? By the Brookings Institute. (On an annual basis, according to the US Census Bureau, child poverty fell to its lowest level on record in 2021: 5.2% (Creamer et al. 2022).
- Financial Hardship and Children's Mental Health – OCMH Fact Sheet
- Housing Stability – OCMH Fact Sheet
- Strengthening Student Mental Health – OCMH Fact Sheet
- Family Foundations Home Visiting

Wisconsin Office of Children's Mental Health

- **Youth Insights**: https://children.wi.gov/Pages/LivedExperience/YouthInsights.aspx Youth provide their perspectives on a variety of children's mental health topics. OCMH has made these all available on one web page.