WISCONSIN OFFICE OF Children's Mental Health

Children's Mental Health Network Meeting Minutes

November 6, 2026 • 10 am – 12 pm
Virtual Meeting

Meeting Focus: Children's Mental Health Prevention

Meeting Recording here.
Meeting slides, minutes, and resources are available here (scroll down to the November 6th meeting).

OCMH Updates

- **Annual Poll Survey** – what children's mental health topics do you want to learn more about in 2027 meetings? Take the survey.
- **Children's Mental Health Network Distribution** – if you are not on the distribution list for the Children's Mental Health Network, sign up here.
- **Let's Break it Down – Eating Disorders** – OCMH will hold a lunchtime webinar on Eating Disorders Friday, December 11, 2026, 12-12:45 pm, virtual. OCMH's next Fact Sheet will explore Eating Disorders, and this webinar will break down the data and include clinicians who treat Eating Disorders in teens. Register here.

Children's Mental Health Prevention

- **Setting Context** – Linda Hall, OCMH Director, offered thoughts on why this is the time to talk about prevention, what can we learn from the past, and what are the possibilities going forward. Hear her comments in the meeting recording.

- **Data – Grounding the Discussion** – Amy Marsman, Senior Research Analyst – OCMH, shared data on children's mental health prevention. See slides #9-23 in the meeting presentation.

- **State Mental Health Organizations Speak on Prevention** – Mary Kay Battgalia, Executive Director – NAMI Wisconsin and Martina Gollin-Graves, President/CEO – Mental Health America Wisconsin shared their organization's perspective on children's mental health prevention, work they are doing, and programs they offer. See the meeting recording for their discussion.

- **Showcasing Prevention in Schools** – three programs in Wisconsin schools focused on prevention were highlighted:
  - WEA Member Benefits Foundation's School-based Mental Health Initiative – Steve Goldberg, Executive Director
  - Mental Health America Lakeshore's Resilient Schools – Julie Preder, Executive Director
  - Random Lake School District UNYTUS program – Mike Trimberger, Superintendent

  See the meeting recording for their discussions.

- **Policy as Prevention** – Linda Hall facilitated a discussion with representatives from the Wisconsin Division of Public Health, a health organization, and the Wisconsin Department of Children and Families on prevention work they are doing. Panelists included:
  - Darren Rausch, Public Health Policy Director – Division of Public Health, Wisconsin Department of Health Services

    - Amy Herbst, Vice President – Children's Wisconsin, Leading Pediatric Care Initiatives
    - Jane Penner-Hoppe, Senior Policy Advisor – Wisconsin Department of Children and Families

- **Youth Perspective on Prevention** – Andrea Turtenwald, Family Relations Coordinator – OCMH, shared youth insights on children's mental health prevention. Questions explored with OCMH Youth Mental Wellness Champions included: 1) What does prevention mean to you?, 2) If mental health were taught in every school, what should the first lesson be?, and 3) What would a world that genuinely prioritized youth well-being look like? See their insights in slides #29-48 in the meeting presentation.

- **Small Group Discussions** – attendees had the opportunity to join a small group discussion with meeting speakers to learn more: 1) Youth Perspective with Andrea Tutenwald, 2) Programs at School with Julie Preder, Mike Trimberger, and Steve Goldberg, and 3) Policy with Linda Hall, Darren Rausch, Amy Herbst, and Jane Penner-Hoppe.

Next meeting – Friday, February 5, 2026, 10 am-12 pm, virtual