

Connection Through School Activities and Events

Students Spoke, We Listened



We asked Wisconsin teens what activities and events schools can offer to help them connect with peers they normally wouldn't talk to. They had lots of suggestions!

HOLD SPECIAL DAYS



SCHOOL-WIDE EVENTS



CONNECTION IDEAS



EXTRA CURRICULARS

Provide opportunities for students to connect to others they normally may not. Schools should offer activities and events that encourage students to explore **sports, music, and clubs**.

Wisconsin high school youth shared these thoughts at the Mental Wellness Student Leadership Summit 2026 hosted by the Wisconsin Office of Children's Mental Health on April 17, 2026 in Madison.



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