

Students Spoke, We Listened



Connection At School During Lunch

We asked Wisconsin teens what schools can do during lunch time to build connection between students. They gave us lots of ideas!

ACTIVITIES!
Students say schools could plan activities over lunch to build connection between students, and they offered many ideas for activities.

Games

NO PHONES
during lunch

LONGER LUNCH
so we can meet others, do activities

FURNITURE
have seating that isn't just lunchroom tables

MOVE AROUND FREELY
allow students to walk around freely, go outside, and go off campus

Clubs host tables in lunch room

Trivia

Birthday celebrations

Music and mini-music concerts

Competitions



The activities should be fun, so youth will want to get involved, and they should be helpful to students.

Wisconsin high school youth shared these thoughts at the Mental Wellness Student Leadership Summit 2026 hosted by the Wisconsin Office of Children's Mental Health on April 17, 2026 in Madison.



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