

Collective Impact Parent Partner

Who?

We are parents, and caregivers who have lived experience raising children with mental health challenges, and have had experience with several systems. We bring our insight and feedback to collaborate with other stakeholders to improve outcomes for children. The Family Relations Coordinator continuously recruits and trains up to ten parents and five youth to serve on the Children's Mental Health Collective Impact (CMHCI) Executive Council and workgroups.

What?

We share our unique lived experiences with stakeholders with whom we work together in a collective group for a better outcomes for children with mental health in Wisconsin. OCMH incorporates a public health approach that includes increasing awareness of Adverse Childhood Experiences (ACE's) and promoting children, family and community resilience.

Where?

We function as a large executive group, as a small parent group, and in workgroups, which work toward common goals. We meet at The Wisconsin Department of Health and Human Services building, 1 Wilson Street, Madison WI 53707 phone: 1-608-266-2771

When?

Dates and times to attend the Executive Council, Workgroup and CIP meetings are on the OCMH Website at children.wi.gov on Collective Impact pages.

Why?

We believe, as parents of children with mental health challenges, who live and advocate for them, we should have a voice in decisions and policy change. Many systems, policies, and programs are driven by parents and youth with lived experience and with our guidance and support, state agencies are able to better recognize gaps in service, failing programs, and unhelpful or cumbersome policies and practices.

We also want to foster relationships and champion the services that are most helpful in raising healthy, thriving children.

Interested?

There is a formal process to become a CIPP. The first step is for interested people to submit an application to the OCMH Family Relations Coordinator. Applicants will interview with CIP Leadership and the OCMH Family Relations Coordinator. If approved, you will be invited to attend two meetings to determine goodness of fit in the Collective Impact Process.

Please contact:

Joann Stephens
Family Relations Coordinator
Office of Children's Mental Health
1 West Wilson Street, Room 656
Madison, WI 53707
608-266-9336
Joann.Stephens@wisconsin.gov

Where should you park and map of the city?

Parking can be tricky...plan ahead for plenty of time before each meeting. We have a map of the parking garages that we use.

What to expect on your first visit into Madison?

As a potential member, you will be welcomed by a co-chair before your first day and introduced to the larger group and will be asked to share a paragraph on who you are & why you feel you want to make an impact for children's' mental health. You will be treated as a guest until final approval of the application is made.

Meetings 2016

Executive Committee

Feb 5

April 1

June 3

August 5

October 7

December 2

Executive Collective Impact Meetings will be 11:00am-1:30pm with a brown bag lunch. Parent Partners will meet at 9:30 (room open at 8:30) to discuss the agenda for the Executive Committee. We will then briefly debrief after the Executive Committee and close the day by 3 p.m.

CIPP Meetings

On the months that the Executive Council does not meet, Parents and Youth partners will meet from - 10am-3:30pm (room open at 8:30 am for networking & connecting with other parents)

Training topics for 2016

~ Mar 4 – HOP – Honest Open Proud training – youth and parents separate (Kayla will train youth, Joann will train parents)

~ May 5 – it is a Thursday and is Children's Mental Health Awareness Day – we will meet and participate in the activities of the day at and around the Capitol

~June or July 1 or 8 or other? – **update**We are hoping to plan a TIC summit in late June. Details TBA.

~ Sept. 9 Joe Z will be graciously hosting due to the Iron Man competition near DHS building. –
Trauma Informed Care – Joann
Other training topics?: Youth Mental Health First Aid overview – Alison

~Nov 4th. Topics TBA.

Meeting Attire

We are respected and equal stakeholders when we come to each table. We should be well groomed, and take pride as we represent ourselves as parents of Wisconsin. Casual professional or business casual is expected for Collective Impact Executive Committee meetings and more dressier-casual attire is acceptable for other meetings.

Staying Connected between meetings

Once you are officially a member as CIPP, we will send you a link to our team's communication app "SLACK". It can be easily accessed on any mobile device, laptop, desktop. We will provide a walk-through so that you can be up and running in no time.

Reimbursements

Please complete a separate Reimbursement Form for each workgroup/meeting that you participate in. Electronic versions are available. Please specify the name and date of the group or activity. Make sure to print your name and address legibly, and please indicate the address where you would like to have your reimbursement check mailed.

Stipend rates as follows:

Collective Impact CIP Meeting and Executive Council (6 hour day):

\$100 plus travel reimbursement

*Collective Impact CIP Meeting **OR** Executive Council (not full day):*

\$50 plus reimbursement

Collective Impact Workgroup Meeting (Chairs only):

\$100 plus reimbursement

Collective Impact Workgroup Meeting (2 hours):

\$45 flat stipend (covers expenses)

Reimbursement maximums are based on state rates, i.e.:

- **Breakfast reimbursement (\$8.00)** may be claimed if you are leaving home prior to 6:00AM or if you need to stay overnight to attend a meeting.
- **Lunch reimbursement (\$10)** if you leave your home before 10:30 am and return after 2:30 pm)
- **Dinner reimbursement (\$20.00)** may be claimed if you return home after 7:00PM or need to stay overnight to attend a meeting.
- Meals are reimbursable only if they are not provided as part of the event you are participating in.

Whenever possible, it is expected that reimbursement forms will be delivered in person or electronically as promptly as possible; no later than 30 days of a reimbursable event. Reimbursements are approved and then mailed to you. Please let co-chair or Family Relations Coordinator know if you have not received your reimbursement within 30 days of submission.

All reimbursement requests must be pre-approved by OCMH staff. Ongoing events (ie: Collective Impact Parent or Youth Partner – CIPP or CIYP) with your ongoing participation do not need to be approved each time but any new request must be pre-approved.

Please return form to the DMHSAS:

Joann Stephens

OCMH Family Relations Coordinator

1 W. Wilson St., Rm 656

Madison, WI 53703

Fax 608-266-8798

***Questions? Contact: Joann Stephens at Joann.Stephens@wisconsin.gov
608-266-9336 office or
608-279-9069 cell***

Meeting Guidelines of CIPP

Guidelines were developed as a group for our meetings:

- ✌ Everyone is mutually respected
- Everyone's voice is valuable; maintain one conversation
- Pause and ask for further comments before we move on, ask youth perspective
- Silence phones
- If we need to take a call, we step out of the meeting room
- Be on time, ready to meet
- Members give suggestions for agenda items
- Stay on topic; put rabbit trail, hot topics in a parking lot
- Start & stop on time – stay on agenda
- Intro/Support/Urgent need (use an hourglass)

Introduction of Workgroups

Access Workgroup

Goal Statement:

Wisconsin's children, youth, and families have timely access to high quality, trauma-informed, culturally appropriate mental health services that promote children's social and emotional development.

In 2015, this group began to identify barriers to access, strategies to remove the barriers, and outcome measures to track progress

Trauma-Informed Care (TIC) Workgroup

Goal Statement:

Systems are family-friendly, trauma-informed, easy to navigate, equitable, and inclusive of people with diverse cultures, ethnicity, race, gender identity, sexual orientation and socio-economic status.

This group will adapt and distribute a trauma-informed care implementation framework from Missouri. To assist this group and other stakeholders in recognizing the current scope of counties' TIC transformation, OCMH coordinated the collection of TIC implementation information from county human service directors and tribes.

Resiliency Workgroup

Goal Statement:

All Wisconsin's children, youth and their families have accurate and timely information and the supports needed for social emotional development, optimal mental health and resilience, including relationships and social networks that provide friendship, love and hope.

This group established a culturally-informed definition of resilience and identified state-level activities focused on developing resilience in children and families. WestEd, an organization supporting the Department of Public Instruction, provided this group with a national scan of related activities.

List of co-chairs, other stakeholders and other CIPP bio's that introduced them, including name, title & company which they represent can be found on the website.

Minutes of past meetings & agendas can be found on the website.

Current copy of bills being passed, state budget, important key documents to bring you up to speed can be found on the website.

Collective Impact Parent Partner Bio

Name:

County:

Email:

Family:

Passions/ hobbies/ fun fact:

Committees you serve on:

Why do I serve as a CIPP?

Why is your parent perspective important?

How has serving as a CIPP made a difference in your local area or as a provider?

What is one personal goal?

What is your number one goal for system change?

Collective Impact Youth Partner Bio

Name:

County:

Email:

Education:

Passions/ hobbies/ fun fact:

Committees you serve on:

Why do I serve as a Youth partner?

Why is it important?

How has serving as a Youth Partner made a difference in your life or where you live?

What is one personal goal?

What are your number one goal for system change?