



# SNAPSHOT of 2019 ANNUAL REPORT to the Wisconsin Legislature

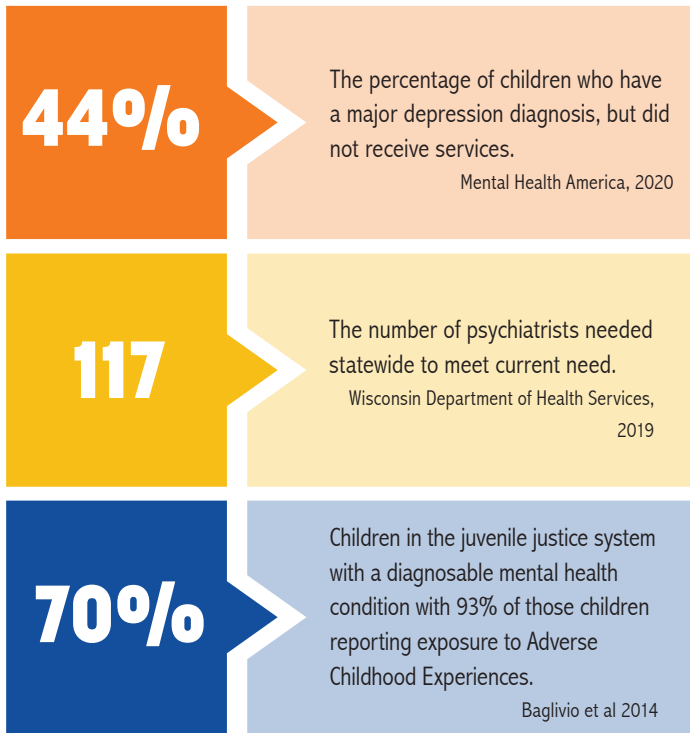
The Office of Children's Mental Health (OCMH), established January 2014, supports Wisconsin's children in achieving their optimal social and emotional well-being. Our charge is to study, recommend strategies, and coordinate initiatives to improve integration of children's mental health services across state agencies. Additionally, we convene stakeholders around improving the children's mental health system and access to treatment.



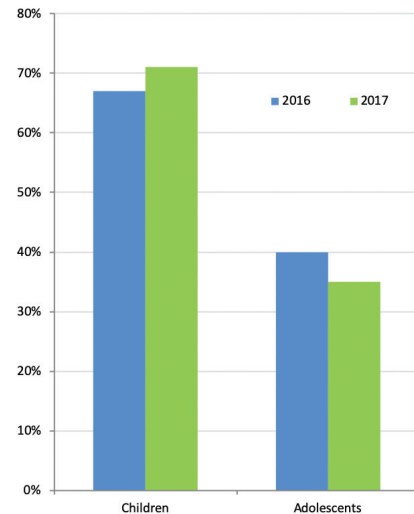
View the full report at [children.wi.gov](http://children.wi.gov)

# CHILD DEMOGRAPHICS & WELL-BEING

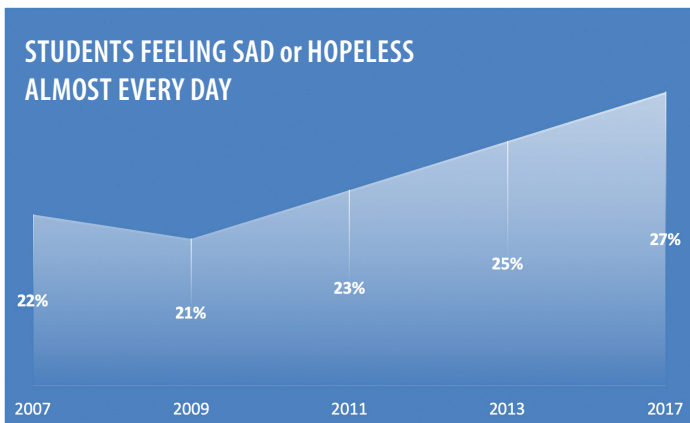
## The State of Mental Health



## Flourishing Behaviors of WI Youth



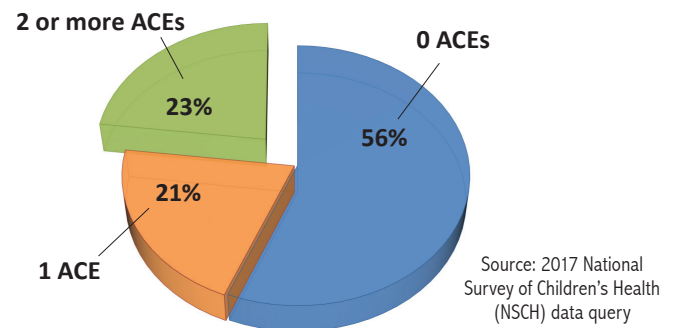
Children and adolescents are flourishing when they demonstrate affection, resilience and curiosity toward learning new things. Flourishing behaviors have greatly improved in the last year compared to other states. However, Wisconsin adolescents have shown a 5% decrease during the same time period.   
National Survey of Children's Mental Health, 2016, 2017



Youth Risk Behavior Survey 1991-2017 trend report

In 2017, **40%** of students reported feeling very anxious, nervous, tense, scared, or like something bad was going to happen. 9th and 10th graders reported more anxiety than 11th and 12th graders.   
Source: YRBS, 2017

## Youth Prevalence of ACEs in 2017



Positive and supportive relationships have lasting impacts on a child's physical and mental health and allow a child to recover from adverse experiences. In Wisconsin, 83% of families demonstrate qualities of resiliency all or most of the time.   
National Survey of Children's Mental Health, 2017

For more Child Demographics and Well-Being indicators please see pages 4 - 7 of the full report at [children.wi.gov](http://children.wi.gov).

# WORKGROUPS IN ACTION

The Office of Children’s Mental Health (OCMH) brings stakeholders together to focus on improving the integration of children’s mental health services in Wisconsin. Some 140 individuals participate on five workgroups.



As a kid, I never believed in myself. It’s still hard today for me to believe that I can do something. But through access to mental health services and the support of my friends and family, I’ve been pushing towards a better future. I want to make sure other kids get that future, too.

NICK KRISKO  
CIP Young Adult Partner,  
Brown County

**Executive Council** - Overseeing the Collective Impact work, the Executive Council’s focus agenda for 2019 was Lived Experience is Everywhere! - advocating for organizations to incorporate lived experience in their work.

**Access Workgroup** - The Mental Health Crisis Plan Card was launched. This wallet-sized card tells people who are with a youth experiencing a mental health crisis what to do immediately, in the first five minutes, to de-escalate the situation.

**Infant Toddler Workgroup** - An Infant and Early Childhood Mental Health Consultation Model (IECHMH) for Wisconsin was the focus of workgroup activity. Models for different systems were examined, communication materials developed, and strategic discussions with stakeholder groups on implementation and funding occurred.

**Resiliency Workgroup** - Building resiliency in all people and how Hope and Positive Childhood Experiences affect that was a focus of the workgroup’s activities.

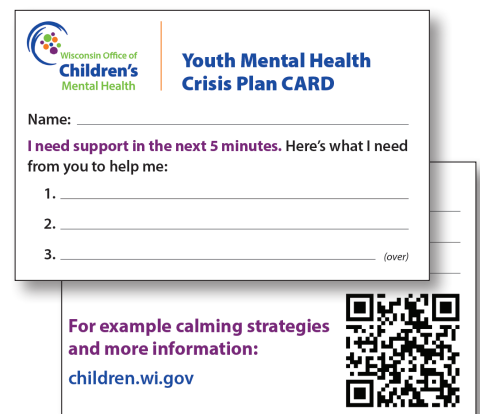
**Trauma Informed Care Workgroup** - Promoting organizations to become trauma-informed is the workgroup’s focus. This workgroup organized two statewide Trauma-Informed Care workshops.

## Living out Lived Experience is Everywhere with Collective Impact Partners (CIPs)

CIPs have firsthand, lived experience with children’s mental health care system services. These leaders help transform the system by sharing their stories both with families who may need services and agency professionals who need help recognizing gaps or inefficiencies within their programs. CIPs provide an authentic, invaluable perspective on how to improve the well-being of children and families.

### Lived Experience Impact by the Numbers

- 804 hours served by CIPs in the OCMH Collective Impact efforts
- 10,607 miles traveled to attend Collective Impact meetings
- 18 total active CIPs as of December 2019
- 9 of 72 Wisconsin counties represented by CIPs
- 3 of 12 Wisconsin tribes represented by CIPs
- 5 avenues of blended funding to provide CIP reimbursements and stipends
- 240 individuals learned about lived experience engagement at 7 conference presentations



YOUTH MENTAL HEALTH CRISIS PLAN CARD IS CURRENTLY BEING PILOTED IN WISCONSIN.

# OCMH MISSION & VISION

Innovate, integrate and improve Wisconsin's child and family service systems to support children in achieving their optimal mental health and well-being.

## WHAT CAN WE DO

- ▶ Increase children's access to treatment.
- ▶ Help children build relationships and resiliency.
- ▶ Address root causes of health disparities for children.

Our 2019 Office of Children's Mental Health Annual Report reveals concerning trends about Wisconsin children's mental health:

- The number of students feeling very anxious, sad, or hopeless almost every day has increased.
- More youth are considering suicide.
- Children who have a mental illness have considerable difficulty accessing the treatment they need.
- The number of children experiencing an Adverse Childhood Experience (ACE) is on the rise.

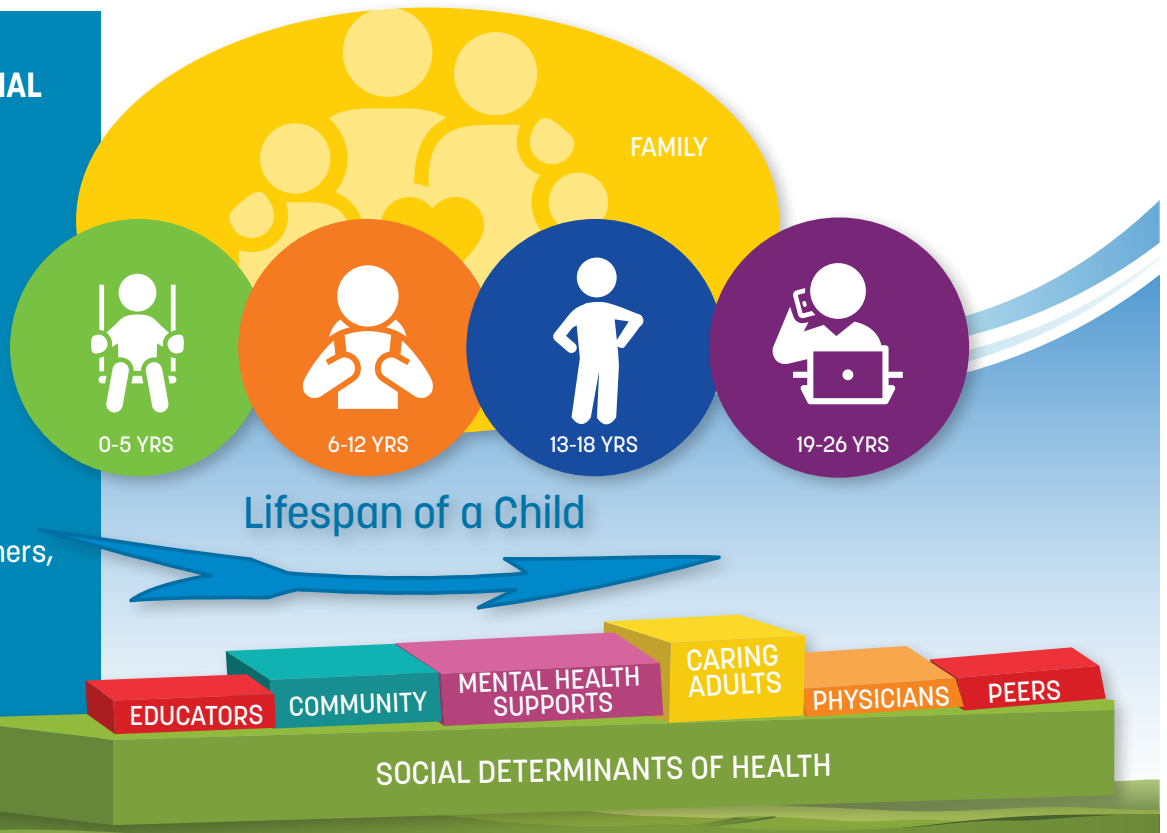
**Improving our mental health treatment system is critical to ensuring that Wisconsin's children have every chance at health and well-being.**

Linda A. Hall

Director, Office of Children's Mental Health

## BUILDING EMOTIONAL WELL-BEING THROUGH STRONG FOUNDATIONS

From early childhood through middle school and on through high school, children need the support of caring families, teachers, and community to be mentally healthy and emotionally well.



The full report is available at [children.wi.gov](http://children.wi.gov).

