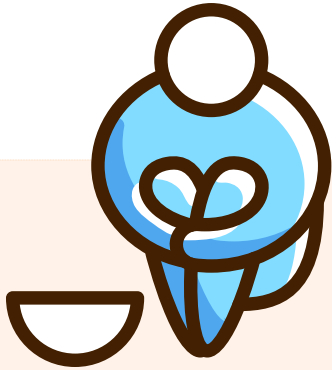


HUNGER & YOUTH MENTAL HEALTH



Hunger is linked to multiple mental health problems in youth.

>> Because hunger adversely affects child development, food insecurity creates more of a risk to children's mental health than to adult mental health.

30% of HS students who are food insecure seriously considered suicide.



Kids who are hungry are much more likely to be bullied than those who are food secure.



HUNGER & YOUTH MENTAL HEALTH



Families need help paying for food.

- >> Child Tax Credits help families meet basic needs. **Food was the #1 use of the expanded child tax credit** during the pandemic.
- >> At that time, the **hunger gap between Black and white children was eliminated.**

Kids of color are **7X** more likely to be hungry compared to white children.

Teen Hunger
Among Wisconsin High School Students

