

PARTNER *Reflections*

In recognition of the Wisconsin Office of Children's Mental Health's (OCMH) 10th Anniversary, OCMH partners offer reflections of the past 10 years and OCMH's contributions to children's mental health in Wisconsin.

"OCMH was a game changer in how those working in mental health came together and involved people with lived experience in the discussion. When we started the Milwaukee Coalition for



Mental Health in 2016 we used what OCMH was doing with lived experience to guide us. As professionals we needed to change who was at our tables making decisions and include people with lived experience. OCMH gave us a foundation to do that."

▶ LEAH JEPSON, PROJECT DIRECTOR –
MENTAL HEALTH AMERICA



"OCMH helped us all to normalize the experience of having mental health – we all have mental health, just on a continuum."

▶ PAULA BUEGE, PRIOR OCMH CHARTER
MEMBER OF EXECUTIVE COMMITTEE
AND LIVED EXPERIENCE PARTNER



OCMH *leading* change:

- ▶ Lived Experience
- ▶ Normalizing mental health