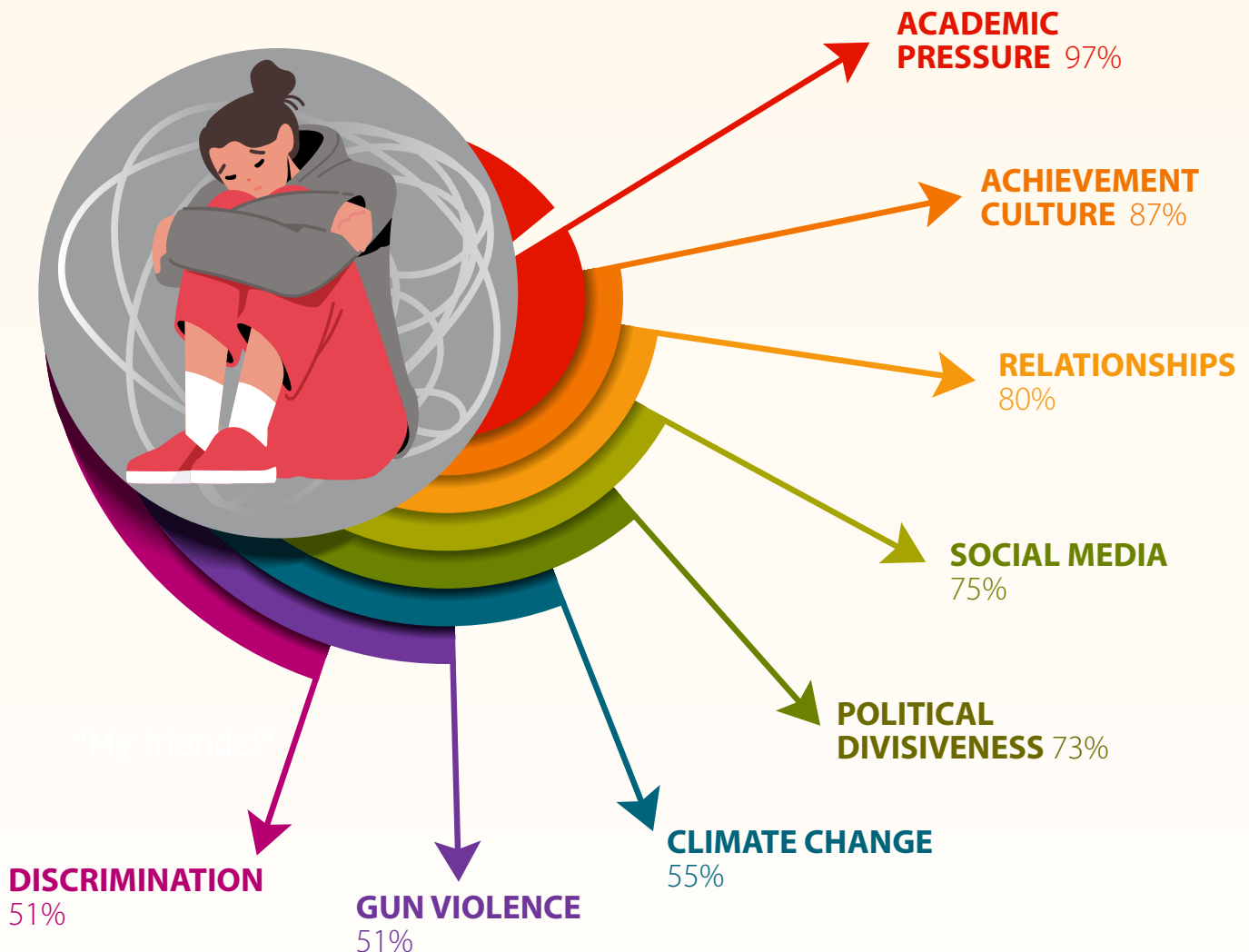


# Top Stressors

## Students Spoke, We Listened



We asked Wisconsin teens about their personal stressors. Academic pressure and achievement culture topped the list. But there are many other issues surrounding and stressing our teens.



Findings based on surveys taken by Wisconsin youth at the Mental Wellness Student Leadership Summit, hosted by the Wisconsin Office of Children's Mental Health on April 11, 2025.