



WISCONSIN OFFICE OF CHILDREN'S MENTAL HEALTH





Active Minds Chapter

Active Minds chapters are student-led, school-based groups that lead conversation, culture change, and advocacy throughout their communities. These powerhouse student groups are working hard to serve the needs of their communities and create cultures that are more supportive of mental health through policy change, promotion of services, awareness and community-building events, social connection events, and more. As an Active Minds Chapter, you'll have access to a suite of robust resources, ideas, professional expertise, and networks of peers – all at no cost.

Gateway Technical College, Kenosha Madison College Marquette University Mount Mary University Southwest Wisconsin Technical College, Fennimore

University of Wisconsin, Madison University of Wisconsin, Milwaukee University of Wisconsin, Oshkosh University of Wisconsin, Parkside University of Wisconsin, River Falls University of Wisconsin, Whitewater Waukesha County Technical College

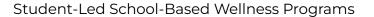
Are we missing your school's group?

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Bring Change 2 Mind

Through weekly meetings, direct support from Bring Change 2 Mind staff, and school-wide events and presentations, this student-led High School Program increases awareness and education while empowering youth to be leaders of this movement and end stigma around mental illness.

Rio High School

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Change to Chill

Change to Chill partners with high schools across Minnesota and Western Wisconsin to help teens stress less and build resiliency. Ultimately, the goal is for schools to utilize Change to Chill resources to create new or sustain existing mental well-being efforts for students and/or staff.

Ellsworth High School New Richmond High School Renaissance Charter Academy

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Hope Squad

Hope Squad's peer-to-peer approach empowers members to intentionally reach out to peers and become instruments of change. Advisors can choose from multiple expert-led training options to set their Hope Squads up for success. Programming and materials are adaptable to fit a school's needs.

Curriculum is centered around core competencies known to reduce the risk of suicide, and lessons align with social-emotional learning standards and integrate age-appropriate suicide prevention topics at all levels. Junior High and High School content provides deeper learning on topics introduced in Elementary while also covering new topics appropriate for older students.

Alexander Hamilton
Big Foot Union High School
Brookfield Central
Brookfield East
Columbus Catholic High School
De Pere
GreenTree Prep
MacDowell Montessori School
Milwaukee School of Languages

Osseo-Fairchild

Palmyra-Eagle High School
Pewaukee High School
Poynette
Pulaski High School
Reagan Preparatory High School
Seymour High School
The REAL School
West Bend
Wisconsin Lutheran High School

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Mental Health America Student Ambassadors

This Wisconsin-based program supports high school and college students collectively working to bring mental health awareness, equity, inclusion, and stigma reduction to their campus and the community at large. Their vision is that all students will create a culture of mental wellness, including support services, resources, and education for all.

Elkhart Lake-Glenbeulah High School Howards Grove Public School Kohler High School Lincoln High School, Manitowoc Oostburg High School Plymouth High School Sheboygan Falls High School Sheboygan Lutheran High School South High School, Sheboygan

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NAMI Raise Your Voice

The NAMI Raise Your Voice Club welcomes students who live with a mental health condition, are a family member or a friend of someone with a mental health condition, and/or have an interest in mental health awareness and advocacy. NAMI Raise Your Voice encourages young people to speak up and create an open dialogue about mental health. It creates a community that works to reduce stigma on campus and promotes acceptance for students living with or who know someone with a mental health condition. The club also cultivates youth leaders around civic advocacy at local, state, and national levels and develops youth leadership.

Antigo

Athens High School

Black River Falls Middle-High School

Butternut School

Chippewa Falls High School

Crandon School District

DC Everest Senior High

Evansville High School

Grafton High School

Hilbert

Janesville Parker High School

La Crosse Central

La Crosse Polytechnic

Lakeland Union High School

Lincoln High School

Logan High School

Marathon High School

Medford

Melrose-Mindoro High School

Merrill High School

New Auburn School District

New Glarus High School

Rhinelander High School

Stevens Point Area Senior High

Tomahawk High & Middle School

Verona High School

Wausau East High School

Wausau West High School

Westosha Central High School

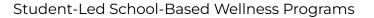
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The REDgen School Chapter is a peer-to-peer resilience program designed to educate and empower student leaders to raise resiliency within their school community through connection, reflection, and conversation.

REDgen provides an evidence-based Roots of Resilience curriculum building the foundation for all youth to move from surviving into thriving, both in school and in their lives.

Students and staff advisors meet weekly to explore the Roots of Resilience.

Through resilience education and self reflection, students inspire change within themselves and the wider school community.

Cedarburg High School

Dominican

Howard Fuller Collegiate Academy

Marquette University High School

Pathways

Pius XI Catholic High School

Port Washington

Rufus King High School

Tenor Journal Square

Tenor High School Cathedral Square Campus

Veritas High School

Whitnall High School

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Sources of Strength

A best practice youth mental health promotion and suicide prevention program designed to harness the power of peer social networks to create healthy norms and culture, preventing suicide, violence, bullying, and substance misuse. The mission of Sources of Strength is to prevent adverse outcomes by increasing wellbeing, help-seeking, resiliency, healthy coping, and belonging. Sources of Strength moves beyond a singular focus on risk factors by utilizing an upstream approach for youth suicide prevention. This model strengthens multiple sources of support, or protective factors, for young people so when times get hard they have strengths to rely on.

Appleton North

Argyle

Bay Port

Boscobel Middle/High School

Cassville

Clintonville

Cuba City High School

Dodgeville

Green Bay East High School

Greendale

Highland

Hortonville

Iola-Scandinavia High School

Iowa-Grant

Ithaca

Kaukauna High School

Lancaster

Mellen

Mineral Point

North Crawford

Omro High School

Pardeeville

Prairie Du Chein

Preble High School

Richland School District

River Ridge

Riverdale

Riverview Middle School

Shawano Community High School

Southwest High School

Southwestern

St. Mary Catholic High School

Viroqua High School

Wabeno

Whitefish Bay High School

Wrightstown

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Other Unique Programs

There are many ways that student leaders bring mental health awareness and activities to their school. Some schools have clubs built by students and staff which are not based on official program models. To get inspired or learn more, visit the Wisconsin Office of Children's Mental Health webpage to see all of the school districts with student-led mental wellness efforts.

Assata High School, Milwaukee	Mental Health and Wellness Group
College of Menominee Nation	Building Menominee Teen Resilience
Franklin High School	Volition Youth
Laona High School	Peer Health Educators
Marshfield High School	Marshfield Columbus Leadership Alliance
Middleton High School	Minds Matter

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