

**Practical Tips**

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<http://www.info-trauma.org/flash/media-f/mitchellCriticalIncidentStressDebriefing.pdf>

Topic: Critical Incident Stress Debriefing (CISD)

[https://integration.samhsa.gov/pbhci-learning-community/Compassion\\_Fatigue\\_Office\\_Hours.pdf](https://integration.samhsa.gov/pbhci-learning-community/Compassion_Fatigue_Office_Hours.pdf)

Topic: Compassion Fatigue and Self-Care

<http://socialwork.buffalo.edu/resources/self-care-starter-kit.html>

Topic: Self-Care Starter Kit – University at Buffalo School of Social Work

[https://www.integration.samhsa.gov/mai-coc-grantees-online-community/1B\\_-\\_Virtual\\_Meeting\\_Breakout\\_Session.pdf](https://www.integration.samhsa.gov/mai-coc-grantees-online-community/1B_-_Virtual_Meeting_Breakout_Session.pdf)

Topic: Provider and Staff Self-Care – SAMHSA-HRSA Center for Integrated Health Solutions