



# WISCONSIN OFFICE of CHILDREN'S MENTAL HEALTH



## ABOUT OCMH

The Office of Children's Mental Health (OCMH) supports Wisconsin's children in achieving their optimal social and emotional well-being. Our charge is to study, recommend strategies, and coordinate initiatives to improve integration of children's mental health services across state agencies.

## OUR VALUES:

Collaborative across systems · Data driven · Family and youth guided · Promote inclusivity and equity among all stakeholders

## OUR VISION:

Wisconsin's children are safe, nurtured and supported to achieve their optimal mental health and well-being. Systems are family-friendly, easy to navigate, equitable, and inclusive of all people.

## OCMH Newsletter

Stay connected to and up-to-date on children's mental in Wisconsin by signing up for the OCMH monthly newsletter. Features include:

- Updates on the state of children's mental health in Wisconsin
- Access to OCMH resources and tools
- Research and data related to issues impacting children's mental health

## RESOURCES & TOOLS

Visit our website to access useful tools to use in supporting children with mental health challenges including:

- A Feelings Thermometer featuring specific strategies to help manage identified emotions
- A Mental Health Crisis Card to help users plan for the support they need during a mental health crisis
- A map to help guide caregivers in accessing children mental health services
- Statewide resources specific to children's mental health



Sign up at [children.wi.gov](http://children.wi.gov)



Wisconsin Office of **Children's Mental Health**

[OCMH@Wisconsin.gov](mailto:OCMH@Wisconsin.gov)  
[children.wi.gov](http://children.wi.gov)

[@WIKidsMH](https://www.instagram.com/WIKidsMH)  
[/OCMHWI](https://www.facebook.com/OCMHWI)

FOUNDATIONAL PILLARS

LIVED EXPERIENCE

OCMH Lived Experience Partners are young people aged 16 to 26, or parents and caregivers who understand first-hand the **unique life journey of people with mental health, substance abuse, a trauma, or special needs.** Their voice is critical to transforming the children's mental health system. OCMH promotes and supports the inclusion of people with lived experience by:

- Recruiting and supporting Lived Experience Partners throughout the state
- Prioritizing the voice of Lived Experience in all Collective Impact work
- Encouraging and supporting agencies in bringing the voice of Lived Experience to their organization

"I feel better connected to services and feel valued in providing input to hopefully help other families."

JANELLE MONEYPENNY,  
Parent Lived Experience Partner, Eau Claire County

RESEARCH AND DATA

OCMH is committed to reviewing data on children who receive mental health services provided by state agencies and to reflect on how the state's delivery of mental services for children can improve.

Visit our website to:

- Learn more about our **Child Well-Being Indicators Dashboard**
- Read our comprehensive **Annual Report** highlighting the current well-being of Wisconsin's children, teens, and young adults
- View our monthly **Fact Sheets** about the status of children's mental health and actionable recommendations



COLLECTIVE IMPACT

OCMH uses the collective impact process led by the Advisory Council to bring stakeholders together to focus on improving the integration of children's mental health services in Wisconsin. **Join one of the five teams to be more involved!**

Over 195 individuals representing government, non-profit, health care, lived experience, and other children's mental health organizations participate on four Collective Impact Teams:

- Collective Impact Council
- Family
- Supportive Adult
- Cultural Identity/Community

