

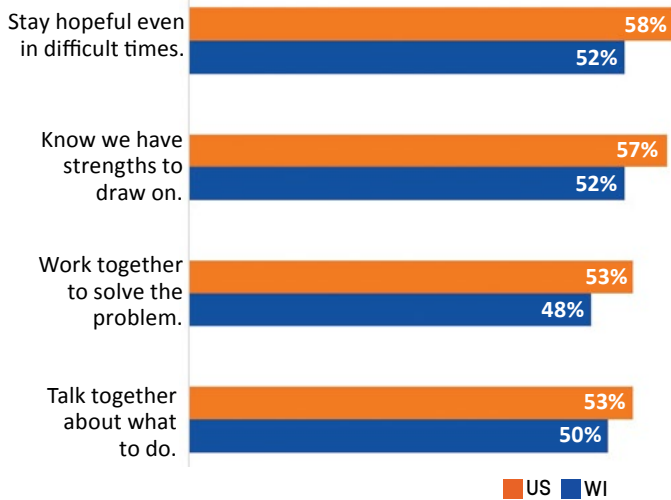


## WHY WE CHOSE THIS TOPIC

Children are resilient when they have strong coping skills to recover from challenges and overcome adversity. A child's ability to become resilient is heavily influenced by social conditions-the ability to access high quality schools, health providers, neighborhoods, and employment.

WISCONSIN FAMILIES DON'T DEMONSTRATE AS MUCH RESILIENCY AS THE REST OF THE NATION<sup>1</sup>

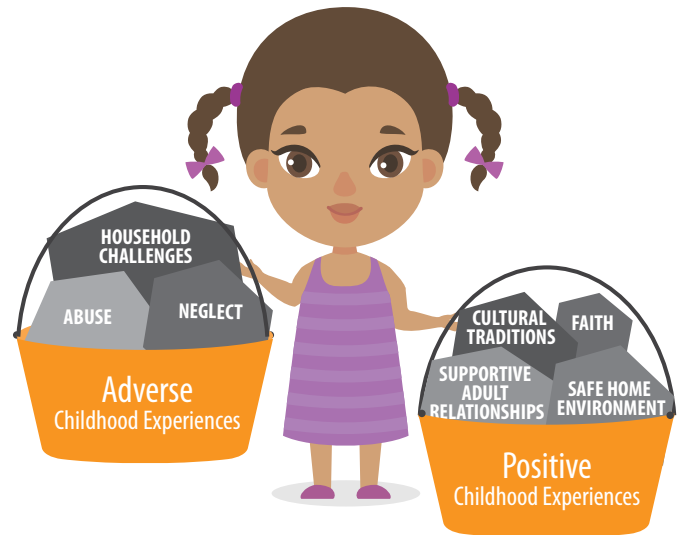
How often families...



## WHAT THE RESEARCH SAYS

Children who experience adverse childhood experiences such as abuse, neglect, parental incarceration, or substance misuse struggle to build the resiliency needed to cope with toxic stress in a healthy way. Indications of poor resiliency in a child include disruptive behaviors, lack of social skills, and inability to regulate emotions.

ADVERSITY CAN BE OUTWEIGHED BY PROACTIVELY PROMOTING POSITIVE CHILDHOOD EXPERIENCES TO PREVENT ADULT MENTAL AND RELATIONAL PROBLEMS.<sup>2</sup>



## WHAT'S HAPPENING IN WISCONSIN?

In 2020, the Department of Health Services launched a statewide initiative offering resources to strengthen healthy, resilient communities. Resilient Wisconsin brings together the latest evidence-based tools and trauma-informed practices so people living with or affected by trauma or toxic stress can find the support and resources they need.

- ▶ The [Hope in Action report](#) is a tool for organizations seeking best practices for serving people who have experienced adversity.
- ▶ By identifying what's working well, what to avoid, and opportunities to maximize impacts, this report is a helpful tool for organizations seeking best practices, tools, and techniques for addressing the root causes of harmful substance use.

Resilient Wisconsin website:

- ▶ <https://www.dhs.wisconsin.gov/resilient/index.htm>



- continued -

