



KEV PAB TXHAWB ME NYUAM KEV NOJ QAB NYOB ZOO LOS NTAWM

(SUPPORTING CHILD WELL-BEING THROUGH STRENGTHENING IMPROVING QUALITY OF LIFE FOR LGBT YOUTH)

TXHIM KHO KEV UA LUB NEEJ ZOO RAU COV NEEG HLUAS LGBT

LUB RAU HLI 2021

VIM LI CAS PEB THIAJ XAIV COV NCAUJ LUS NO

Muab sib piv nrog laj mej pej xeeb, cov neeg hluas LGBT (poj niam nyiam poj niam, txiv neej nyiam txiv neej, neeg nyiam poj niam txiv neej, thiab neeg hloov cev poj niam cev txiv neej) muaj cov kev puas siab ntsws puas hlwb heev dua, feem ntau yog los ntawm txoj kev ntsub ntaxaug. Cov neeg hluas no yuav ntsib cov teeb meem txwv txiav lawv mus cuag kev kho mob, nrog rau kev tsis muaj vaj tse nyog, kev ua phem, thiab kev tsis xav yuav los ntawm lub tsev neeg, cov phooj ywg thiab lub zej zog. Cov neeg hluas LGBT yuav tau muaj kev mus cuag cov kev pab zoo dua ntxiv thiab yuav tau muaj kev pab txhawb rau txoj kev puas siab ntsws puas hlwb kom zoo dua ntxiv.

KEV TSHAWB FAWB POM TIAS^{1,2,3}

Cov neeg hluas LGBT muaj cov kev puas siab ntsws puas hlwb heev dua cov pej xeeb dog dig thiab muaj kev txov tus kheej txoj sia coob ob npaug thaum muaj sib piv nrog lwm cov neeg hluas. Ntxiv mus, ib txoj kev tshawb fawb pom tias muaj coob tshaj ob feem peb ntawm cov hluas hauv lub zej zog neeg LGBT muaj cov kev ntshov siab hauv ob lub lim tiam ua ntej yuav ntsuas txog lawv.

Nyob rau hauv cov chaw kawm ntawv, cov neeg hluas LGBT muaj feem ntsib teeb meem kev zes saib tsis taus tim ntsej tim muag thiab saum huab cua. Tshwj xeeb yog hauv Wisconsin, cov neeg hluas LGBT ceeb toom tias:

- 46.7% tau ntsib cov teeb meem kev daj dee thiab kev yuam ua dev ua npua
- 45.9% tau rov ua mob rau tus kheej tsaib no
- 43.8% tau ntsib teeb meem zes saib tsis taus ib yam twg
- 16.4% tsis mus kawm ntawv rau lub hlis dhau los vim yog kev ntshai txob kev nyab xeeb

Ntau cov neeg hluas LGBT muaj kev cuag tsawg los sis tsis muaj kev cuag txoj kev kho kev puas siab ntsws puas hlwb. Pom lawv tsis muaj peev xwm them taus nqi kho mob, muaj cov kev txhawj xeeb txog niam txiv/neeg zov tu txoj kev tso cai kho mob, thiab cov kev txhawb xeeb txuam rau kev peev xwm ntawm LGBT competency of providers as the primary barriers.

DAB TSI TSHWM SIM^{HAAV} WISCONSIN?

Nws tsis yog ib yam peb cia li muab xyeej rau ib tsab thiab tsis quav ntsej tias kuv yog ib tug neeg hloov cev. Hais tias 'cia peb tsi xyuas txog kev puas siab ntsws puas hlwb' – ib feem ntawm kuv txoj kev puas siab ntsws puas hlwb twb yog tias kuv yog ib tug neeg hloov cev. Nws tsis yog ib yam xav tom qab xwb. Nws yog ib yam tseem ceeb ntawm qhov kuv yog leej twg.



NICK KRISKO
OCMH Neeg Hluas
Lived Experience Partner
(Ua Neej Nrog Tus Khub Paub Tab)



Txoj Kev Pab **PRISM** yog tsim muaj los ntawm Mental Health America-Wisconsin (Kev Puas Siab Ntsws Puas Hlwb Hauv Teb Chaws Asmesias-Wisconsin) pab rau cov neeg hluas LGBT uas muaj cov kev puas siab ntsws puas hlwb lov ntawm neeg hluas sib pab txhawb. Cov neeg hluas kawm tshwj xeeb los tham nrog cov neeg hluas hnuv nyoog 16 txog 26 xyoos thiab muab kev pab txhawb siab ntsws hauv tshuab hluav taws xob. <https://www.mhawisconsin.org/prism>

Project Q, yog ib txoj kev pab tsim muaj los ntawm Milwaukee LGBT Community Center (Milwaukee Chaw Pab LGBT), yog mob siab txhawb cov kev xyaum coj noj coj ua, uas kheev cov neeg hluas nthuav qhia txog lawv tus kheej yam tsis muaj leej twg thuam thiab txhim kho tau txoj kev puas siab ntsws puas hlwb thiab kev noj qab nyob zoo. www.mkelgbt.org



Wisconsin Office of
Children's
Mental Health

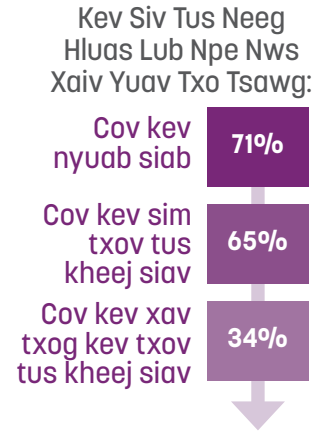
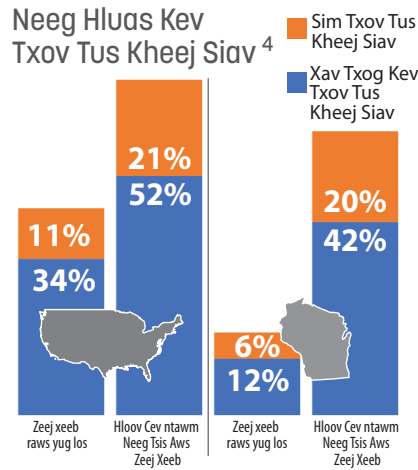
-txuas mus ntxiv-

KEV TXOV TUS KHEEJ SIAV THIAB NEEG HLUAS LGBT

Cov neeg hluas LGBT muaj feem yuav xav txog thiab sim txov tus kheej siav thaum muab sib piv nrog cov zeej xeeb raws yug los (cisgender)* thiab cov hluas nyiam lwm zeej xeeb. Qhov kev tshawb kawm Trevor Project pom tias 40 feem puas ntawm cov neeg hluas LGBT thiab muaj tshaj 50 feem pua ntawm cov neeg hloov cev thiab cov neeg hluas tsis tis zeej xeeb tau muaj teeb meem txov tus kheej siav loj heev.

Cov neeg hluas uas lwm cov neeg cim hu lawv zeej xeeb raug feem ntau dua los sis tas li muaj kev sim txov tus kheej siav tsawg dua thaum muab sib piv nrog cov uas hu tsis raug. Rab peev xwm hnav tau cov khaub ncaws haum zeej xeeb (xws li khaub ncaws npuab cev thiab khi cev) puav leej txo tsawg cov kev sim txov tus kheej siav ntawm cov neeg hluas hloov cev thiab cov neeg hluas tsis aws yog ib hom zeej xeeb twg.

*Ib tug neeg uas nws pom nws kev zeej xeeb yag raws li qhov zeej xeeb thaum yug kiag tau lawv



YAM PEB UA TAU^{5,6}

COV NIAM TXIV:

- Koom nrog cov pab pawg niam txiv kev kawm thiab kawm kom paub ntxiv los ntawm lwm cov kev pab xws li The Trevor Project thiab GLAAD.
- Pab neeg hluas mus cuag cov pab pawg neeg hluas LGBT sib txhawb zog siab ntsws.

COV TSEV KAWM NTAWV/COV XIB FWB

- Txhim kho cov kev cai txwv kev zes saib tsis taus kom muaj cov lus siv tshwj xeeb txog kev zes ua phem txog kev yeem sib daj dee los sis kev aws zeej xeeb.
- Qhia neeg ua hauj lwm txog kev siv cov kev tsim muaj txoj kev sib raug zoo kom zoo uas siv cov cim hu zeej xeeb raug, kev txo tsawg cov lus thuam zeej xeeb thiab nrhiav ncauj lus tswv yim los ntawm cov neeg kawm ntawv.
- Tsim muaj cov koom haum pab txhawb, cov koom haum lom zem, thiab cov chaw nyab xeeb rau cov neeg hluas LGBT xws li Gay-Straight Alliance (Koom Haum Txhawb Txiv Neej Nyiam Txiv Neej-Neeg Nyiam Lwm Zeej Xeeb) (GSA), uas yog ib lub koom haum coj los ntawm cov neeg kawm ntawv uas txuas rau cov neeg hluas LGBT thiab cov phooj ywg.

COV NEEG TEEB TSA KEV CAI:

- Txhawb rau Equality Act (Txoj Cai Vaj Huam Sib Luag) uas yuav txhim kho cov kev cai txwv kev ntxub ntxaug rau cov chaw pej xeem nyob txog thiab muab cov kev tiv thaiv ntxiv rau cov neeg LGBT.
- Pab nyiaj rau cov pab pawg neeg hluas txhawb zog siab xws li Sources of Strength (Cov Hom Kev Muaj Zog) and Hope Squad (Pawg Ceev Kev Vam) los txo tsawg cov teeb meem kev txov tus kheej siav.

COV ZEJ ZOG:

- Cov koom haum raus tes rau zej zog los txhawb kom muaj cov chaw nyab xeeb thiab pab cov kev tu ncuatseem ceeb uas txhawb rau cov kev sib koom tes saib txoj kev sib txawv thiab kev xam muaj kom muaj txiaj ntsim nuj nqis.
- Muab cov kev qhia ntawv txhawb rau niam txiv txoj kev txais tos thiab nkag siab txog lawv tus neeg hluas LGBT.

COV CHIV KEEB:

¹ UCLA School of Law, The Williams Institute. (2019, Ib Hlis Ntuj). Ntaub Ntawv Teev Qhia Txog Neeg Pej Xeem [Sib Tham Mus Los](#).

² Wisconsin Department of Public Instruction (Tuam Tsev Tswj Kev Qhia Ntawv Dawb Rau Pej Xeem). (2019, Cuaj Hli Ntuj Hnub tim 3). Cov Tsev Kawm Ntawv Nyab Xeeb rau Cov Poj Niam Nyiam Poj Niam, Txiv Neej Nyiam Txiv Neej, Neeg Nyiam Poj Niam Txiv Neej, thiab Cov Neeg Kawm Ntawv Hloov Cev. <https://dpi.wi.gov/sspw/safe-schools/lgbt>

³ The Trevor Project. (2020). 2020 Teb Chaws Kev Tshawb Kawm Txog Neeg Hluas LGBTQ Kev Puas Siab Ntsws Puas Hlwb. <https://www.thetrevorproject.org/survey-2020/?section=Supporting-Transgender-Nonbinary-Youth>

⁴ McCoy, K., & Frederick, C. (2020). Wisconsin 2019 kev tshawb kawm sib piv txog neeg hluas cov teeb meem kev coj yam ntxwv. Wisconsin Department of Public Instruction (Tuam Tsev Tswj Kev Qhia Ntawv Dawb Rau Pej Xeem). Rub tau los ntawm: https://dpi.wi.gov/sites/default/files/imce/sspw/pdf/WI_2019_YRBS_Comparison_Tables.pdf

⁵ Movement Advancement (Kev Tawm Suab Peem Tsheej) Project. (2021, Ib Hlis Ntuj). Saib Mus Rau Yav Tom Ntej Xyoo 2021: COVID-19 puas raug LGBTQI Movement li cas. www.lgbtmap.org/2021-covid-impact-report.

⁶ Centers for Disease Control and Prevention (Cov Chaw Tswj thiab Tiv Thaiv Kab Mob) Kev Noj Qab Haus Huv ntawm Tsev Kawm Ntawv hauv 2018: Cov Xeeb Ceem ntawm Cov Kev Pab Rau Kev Noj Qab Haus Huv Hauv Cov Tsev Kawm Ntawv Qib Nrab. Atlanta: Centers for Disease Control and Prevention (Cov Chaw Tswj thiab Tiv Thaiv Kab Mob); 2019.

