



# NEEG MEV HISPANIC KEV PUAS SIAB NTSWS PUAS HLWB

LUB KAUM HLIS NTUJ 2022

## VIM LI CAS QHOV NO TSEEM CEEB

Cov pej xeeem Neeg Mev Hispanic yog cov raug kev voos mob thiab kev tuag los ntawm tus kab mob COVID-19 hnyav heev tshaj plaws hauv lub teb chaws. Cov tib Neeg Mev Hispanic yog cov muaj feem tuag taus los ntawm tus kab mob COVID-19 ob npaug yog muab piv rau cov Neeg Dawb.<sup>1</sup> Neeg Mev Hispanic cov qib me nyuam txom nyem muaj coob tshaj lwm pab pawg haiv neeg.<sup>2</sup> Cov Neeg Mev Hispanic yog haiv neeg/hom neeg hluas tshaj plaws hauv lub teb chaws uas muaj ib feem peb ntawm lawv cov pej xeeem yog yau dua hnuv nyoo 18 xyoo. Vim yog txoj kev txom nyem, kev saib tsis rau nqi thiab kev tsis noj qab haus huv tag nrho puav leej tsuam ntxiv rau txoj kev puas siab ntsws puas hlwb ntawm neeg hluas, peb thiab li yuav tau saib cov me nyuam Neeg Mev Hispanic kom tseem ceeb.

## MUAJ DAB TSI TSHWM SIM HAUV WISCONSIN?

Wisconsin cov pej xeeem Neeg Mev Hispanic tau muaj coob ntxiv 33% txij li thaum xyoo 2010 txog 2020. Muaj coob tshaj ib nrab (52%) ntawm cov hluas Neeg Mev Hispanic hnuv nyoo 18-24 xyoo hauv Wisconsin tau ntsib kev puas siab ntsws puas hlwb loj heev, coob tshaj qhov nruab nrab (44%) hauv lub teb chaws rau pawg neeg no.<sup>10</sup>

Cov hluas Neeg Mev Hispanic puav leej yog cov muaj kab mob kev nkeeg rau lub cev ntaj ntsug heev dua lwm yam. Tau ceeb muaj ze li ib feem tsib (19%) ntawm cov Neeg Mev Hispanic uas kawm ntawv qib high school rog heev dhau thiab muaj cov kev siv lub cev ua ub no qib tsawg tshaj plaws.<sup>11</sup>

Xws li ib nrab (51%) ntawm cov hluas Neeg Mev Hispanic nyob hauv Wisconsin yog nyob hauv cov tsev neeg tau nyiaj tsawg. Cov hluas Neeg Mev Hispanic nyob hauv Wisconsin uas yog 14-24 xyoo yog cov muaj kev pov hwm tsawg tshaj plaws.<sup>12</sup> Cov lus tseeb txog kev khwv noj khwv haus no muaj feem xyuam rau cov tsev Neeg Mev Hispanic txoj kev mus cuag thiab tau kev kho.

## YAM KEV TSHAWB FAWB HAIS QHIA

Thaum muaj tus kab mob kis thoob ntiaj teb, tau ceeb toom tias 76% ntawm cov Neeg Mev Hispanic uas kawm ntawv qib high school yog neeg pluag los sis yog muaj kev puas siab ntsws puas hlwb coob heev tshaj lwm pawg haiv neeg/hom neeg.<sup>3</sup> Yeej pom muaj kev nyuab siab thiab kev txov tus kheej siav coob zuj zus hauv cov xyoo rau cov hluas Neeg Mev Hispanic hnuv nyoo 12-25 xyoo.

Txawm yog li los, feem ntau (57%) ntawm cov hluas Neeg Mev Hispanic uas muaj kev puas siab ntsws puas hlwb loj heev yeej tsis tau txais kev kho.<sup>4</sup> Yeej muaj kev sib txawv loj heev ntawm txoj kev kho mob rau cov hluas Neeg Mev Hispanic thiab cov Neeg Dawb Tsis Yog Neeg Mev Hispanic.<sup>5</sup>

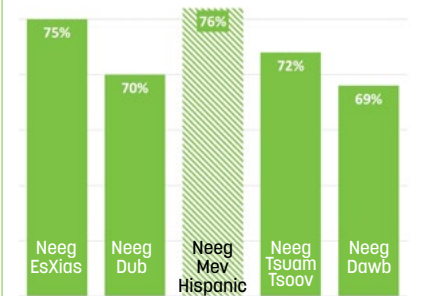
Raws li pom, ob feem peb (65%) ntawm cov laus Neeg Mev Hispanic uas muaj ib yam kev puas siab ntsws puas hlwb yeej tsis tau kev kho txoj kev puas siab ntsws puas hlwb rau lawv tus kheej.<sup>6</sup> Thaum twg cov neeg zov tu txo tsawg tau lawv cov kev ntshov siab, kev tsiv siab thiab kev nyuab siab, lawv muaj cov kev sib raug zoo thiab kev sib txuam ua ke nrog lawv cov me nyuam zoo dua, uas yog kev txhim kho tau lawv cov me nyuam txoj kev puas siab ntsws puas hlwb.<sup>7</sup>

Muaj ntau cov tsev Neeg Mev Hispanic uas coj tib co kab lis kev cai yeej tsis xav sib tham txog txoj kev noj qab nyob zoo ntawm siab ntsws thiab ntshai tsam ntsib kev thuum yog mus nrhiv txoj kev kho kev puas siab ntsws puas hlwb. Cov neeg uas xaiv mus cuag kev kho yeej ntsib lwm cov kev cuam tshuam ntxiv:

- Tsis muaj kev pov hwm pab them duav nqi thiab kev peev xwm them rau cov kev pab
- Tsis muaj cov kws kho kev puas siab ntsws puas hlwb tshaj lij uas yog Neeg Mev Hispanic thiab hais tau ob hom lus
- Tsis muaj cov kws kho mob uas nkag siab txog kab lis kev cai

Thaum twg cov Neeg Mev Hispanic mus nrhiv kev kho, lawv muaj feem ob npaug yuav tig mus cuag tus thawj kws kho mob vim nws yog tus kws kho kev puas siab ntsws tshwj xeeb.<sup>8</sup> Muaj pov thawj qhia tias cov kws kho mob kom xyuam cov kev coj kom haum kab lis kev cai thaum kho cov Neeg Mev Hispanic yuav txhawb tau txoj kev kho kom ua hauj lwm zoo dua ntxiv thiab kev sib luag ntawm txoj kev kho yam ntxwv.<sup>9</sup>

FEEM PUA NTAWM COV NEEG HLUAS HAUV TEB CHAWS ASMESKAS UAS MUAJ KEV PUAS SIAB NTSWS PUAS HLWB LOJ LOS SIS LOJ ZUJ ZIS THAUM MUAJ TUS KAB MOB KIS THOOB NTIAJ TEB



Chiv Keeb: Peb Yuav Mus Rau Qhov Twg Tom Ntej? (Research for Action (Tshawb Fawb Rau Kev Raus Tes), 2021)

### THE VALUE OF FAMILISMO (QHOV MUAJ NUJ NQIS NTAWM LUB TSEV NEEG)

Muaj ntau cov zej zog Neeg Mev Hispanic saib lub tsev neeg muaj nuj nqis, yog lub zog uas txhawb txoj kev sib sau ua pab ua pawg thiab muaj kev ruaj ntseg hauv lub tsev neeg. Cov kev sib sau ua pab ua pawg ntawm lub tsev neeg thiab lub zej zog txhawb thiab tiv thaiv neeg hluas txoj kev puas siab ntsws puas hlwb.

- National Alliance on Mental Illness

## PEB UA TAU DAB TSI

### COV TSEV NEEG:

- Nug cov me nyuam txog lawv txoj kev xav thiab sib tham txog kawv txoj kev noj qab haus huv ntawm lub siab ntsws.
- Ua qauv qhib siab los ntawm txoj kev taw qhia thiab kev sib tham txog koj cov kev xav, cov kev xav hauv siab ntsws, thiab kev puas siab ntsws puas hlwb.
- Kawm kom paub seb txoj kev puas siab ntsws puas hlwb muaj feem xyuam li cas rau txoj kev noj qab haus huv txhua nrho thiab lawv rab peev xwm muaj taus kev vam meej.
- Tsi xyuas txog cov kev tseem ceeb ntawm Neeg Mev Hispanic lub tsev neeg thiab cov kev sib txuam nrog lub zej zog uas tiv thaiv cov neeg hluas txog kev puas siab ntsws puas hlwb.
- Nrhiav cov kev pab txhawb thiab kev pab kho rau txoj kev puas siab ntsws puas hlwb rau cov neeg laus thiab cov me nyuam uas ntsib kev cov nyom.

### COV TSEV KAWM NTAWV:

- Tswj xyuas kom cov tsev kawm ntawv muaj siab txais tos, xam muaj thiab pab txhawb rau tag nrho cov neeg kawm ntawv.
- Hwm lub tsev kawm ntawv muaj kab lis kev cai zoo, kom cov neeg kawm ntawv muaj txoj kev sib ncawg nrog tsawg kawg li ib tug neeg laus hauv tsev kawm ntawv.
- Siv **txoj kev qhia kom ras paub txog kev puas ntsoog** thooob plaws hauv lub tsev kawm ntawv.
- Pab txhawb txoj kev noj qab haus huv ntawm lub cev rau txhua tus neeg kawm ntawv (kev txav mus los, cov pluas noj zoo, pib kawm ntawv lig dua) thiab qhia txog txoj kev txuam nrog kev puas siab ntsws puas hlwb.
- Nrhiav cov neeg ua hauj lwm uas yog Neeg Mev Hispanic thiab hais tau ob hom lus.

### COV CHAW KHO MOB:

- Tswj xyuas kom cov kev xyuas txog kev puas siab ntsws puas hlwb yeej yog ib txoj kev kho tiv thaiv kab mob kev nkeeg.
- Muab thiab txhawb cov kev kho ua Lus Mev thiab Lus Askiv.
- Nrhiav cov neeg ua hauj lwm uas yog Neeg Mev Hispanic thiab hais tau ob hom lus.
- Nkag siab txog tes luag num ntawm lub tsev neeg thiab kev piav qhia dab neeg (neeg neeg) rau cov Neeg Mev Hispanic mob.
- Koom tes nrog txoj kev kawm kom paub zoo txog lwm haiv neeg. Nkag siab txog cov kev peev xwm zoo ntawm cov tsev Neeg Mev Hispanic.<sup>16</sup>
- Nkag siab txog cov kev muaj feem xyuam ntawm txoj kev puas ntsoog los ntawm ib phaum rau ib phaum, kev txom nyem thiab kev ntxub ntxaug ntawm txoj kev puas siab ntsws puas hlwb.

### COV ZEJ ZOG NEEG:

- Kho cov chaw muaj kev pab hauv zej zog kom los txhawb txoj kev puas siab ntsws puas hlwb uas txuam muaj li fab kev ntseeg ntuj, kev ua yeeb yam zoo nkauj, tsev neeg thiab yog qhuas zoo siab txog haiv Neeg Mev Hispanic.
- Tsim muaj cov hau kev rau cov hluas Neeg Mev Hispanic kom muaj kev raus tes nrog lawv lub zej zog thiab tsim muaj cov kev sib raug zoo nrog cov neeg laus mob siab nyab xeeb (kev pab dag zog dawb, kev ua hauj lwm, kev ua qauv cob qhia) uas txhawb rau txoj kev noj qab nyob zoo ntawm lub siab ntsws.

## YAM DAB TSI PAB TAU

Muaj cov kev ruaj kho ntawm lub tsev neeg thiab lub zej zog uas pab tiv thaiv cov tsev Neeg Mev Hispanic ntawm txoj kev puas siab ntsws puas hlwb loj heev. Txoj kev peev xwm sib tham nrog cov neeg hauv lub tsev yog ib yam qhia tias yog kev sib raug zoo thiab nws yog ib yam tseem ceeb hauv kev tiv thaiv. Muaj ze li ntawm tag nrho (99%) cov niam txiv Neeg Mev Hispanic uas tau muab tshawb ntsuas txog hauv Wisconsin, tau ceeb toom qhia tias lawv cov me nyuam hluas hnuv nyooq 14-17 yeej qhia tau cov tswv yim thiab tham tau txog tej yam tseem ceeb. Qhov no muaj coob tshaj lwm pab pawg haiv neeg thiab coob tshaj qhov nruab nrab hauv teb chaws rau cov tsev Neeg Mev Hispanic.<sup>13</sup> Lwm cov kev tiv thaiv tseem ceeb yog cov me nyuam txoj kev sib ncaaws hauv tsev kawm tawv, hauj lwm thiab hauv zej zog.

Muaj ze li ntawm tag nrho (93%) cov hluas Neeg Mev Hispanic nyob hauv Wisconsin muaj tsawg kawg yog ib tug neeg laus cob qhia hauv zej zog uas muab tau tswv yim thiab kev coj.<sup>14</sup> Feem coob ntawm cov neeg kawm ntawv Mev Hispanic (81%) tau ceeb toom tias yeej nyab xeeb nyob rau hauv lawv cheeb tsam chaw nyob.<sup>15</sup> Kev siv cov kev peev xwm zoo no thiab cov kev sib ncawg hauv lub zej zog yuav pab tsim muaj cov xeeb ceeb noj qab haus huv thiab cov kev sib raug zoo uas yuav txhim kho tau neeg hluas txoj kev puas siab ntsws puas hlwb.

#### COV CHIV KEEB:

<sup>1</sup>Hill, L. and Artiga, S. (8/22/22) COVID-19 Cases and Deaths by Race/Ethnicity. Kaiser Family Foundation.

<sup>2</sup>DeParle, J. (9/11/22). Expanded Safety Net Drives Sharp Drop in Child Poverty. *New York Times*.

<sup>3</sup>Research for Action. (June 2021). *Where Do We Go Next? Youth Insights on the High School Experience During a Year of Historic Uplift*.

<sup>4</sup>SAMHSA, 2018 National Survey on Drug Use and Health: Hispanics.

<sup>5</sup>SAMHSA. (7/28/22). *Using Cuento to Support the Behavioral Health Needs of Hispanic/Latinos*. SAMHSA Blog.

<sup>6</sup>National Alliance on Mental Illness. (June 2022). *Mental Health By the Numbers*.

<sup>7</sup>Chen, Y. and Ramos-Olazagasti, M. *Over one third of lower-income Latino adults living with children have frequent anxiety or depressive symptoms, and most do not receive mental health services*. National Research Center on Hispanic Children & Families.

<sup>8</sup>Mental Health America. *Latinx/Hispanic Communities and Mental Health*. The State of Mental Health in America. Accessed 12 September 2022.

<sup>9</sup>SAMHSA. (7/28/22). *Using Cuento to Support the Behavioral Health Needs of Hispanic/Latinos*. SAMHSA Blog.

<sup>10</sup>KIDS COUNT. Population Reference Bureau analysis of national data. Annie E. Casey Foundation Kids Count Data Center. <https://datacenter.kidscount.org/>

<sup>11</sup>Centers for Disease Control and Prevention. 1991-2019 High School Youth Risk Behavior Survey Data. YRBS Explorer.

<sup>12</sup>KIDS COUNT. (See footnote 1)

<sup>13</sup>KIDS COUNT. (See footnote 1).

<sup>14</sup>KIDS COUNT. (See footnote 1).

<sup>15</sup>McCoy, Katherine. 2019 Wisconsin Youth Risk Behavior Summary Report. Madison: Wisconsin Department of Public Instruction, 2020.

<sup>16</sup>Cabrera, N., Alonso, A., Chen, Y., Ghosh, R. (2022). *Latinx Families' Strengths and Resilience Contribute to Their Well-Being*. Bethesda, MD: National Research Center on Hispanic Children & Families.

